

-Main Bento-

1. // **Chicken Nanban** : sweet and sour chicken served with Japanese traditional tartare sauce **(GF) (VO)** **\$26**
2. // **Teriyaki Chicken** : grilled chicken with teriyaki sauce,sesame seeds and spring onion **(GF) (VO)** **\$25**
3. // **Asian Style Rissoles** : Pork and Beef rissoles served with demi-glace sauce and fried egg **(VO)** **\$26**
4. // **Grilled Salmon** : grilled marinated Salmon with mustard sauce served with rocket and lemon **(GF)** **\$27**
5. // **Gyu Katsu** : Japanese style beef schnitzel with home-made BBQ sesame sauce **\$23**
6. // **Tori Katsu** : chicken schnitzel with home-made BBQ sesame sauce **(VO)** **\$25**
7. // **Fried Fish Cake** : minced Hake fish mixed with dill sour cream served with wasabi mayo **\$25**
8. // **Curry Bento** : Japanese style curry with potato, carrots and onions served with white rice and pickles **(V)** **add chicken +\$3** **\$18**
9. // **Kid's Bento** : flavored rice, boiled egg, meatball, fried dumpling, teriyaki chicken, greens **(GF) (VO)** **\$15**

-Sides Bento-

10. // **Edamame** : with flake salt **(GF) (V)** **\$6**
11. // **Spring roll** : served with sweet chilly sauce **(V)** **4 Pieces \$6**
12. // **Squid Sansai Salad** :garden salad with marinated squid, bamboo shoots, black mushroom **\$9**
13. // **Japanese Style Creamy Crab croquette:** mix crab, onion and corn served with home-made BBQ sesame sauce **2 Pieces \$7,5**
14. // **Japanese Style Vegetable croquette:** potato, carrot, corn and green peas served with home-made BBQ sesame sauce **(VG)** **2 Pieces \$6**
15. // **Lemon Butter Prawn:** lemon butter sauté king Prawn with veggies **(GF)** **\$9**

-Drinks-

- Sparkling mineral water 250ml **\$3**
- PEPSI 375ml **\$3**
- SOLO Original Lemon 375ml **\$3**
- Apple Juice 350ml **\$3**
- Kombucha zero: .ginger & tumeric 100% organic .mixed berry **\$5,5**
- .Pomegranate **\$5,5**

-Party Bento-

Personalized Party Bento starting from \$65 please contact us for more details by phone or via email

***minimum 2 days notice**

Bento 1. to 7. includes

- Flavored Rice
- Roasted Vegetables
- 2 Fried Dumpling
- Pickles
- Edamame
- GF) (V)**

(GF) : Gluten free **(V)** : Vegan

(VG) : Vegetarian **(VO)** : Vegan option

How to order:

By Website

• **bentowise.com.au** Dinner order until 5 pm everyday

Lunch order until 8 pm on the day before

By Phone Call

• **ph: 0353681447** Between 3pm to 5pm everyday

Delivery time:

- **Lunch** 12 pm to 2 pm
- **Dinner** 6 pm to 8 pm
- **Party Bento** Time arranged

Delivery fees: \$6

*order over \$60 delivery is Free

-Please inform us for any dietary requirements-